

At Christopher Aaron Counseling Center, we are committed to programs for people and not people for programs. The needs of those we serve are real. It is our responsibility to assist them to find the supports that will build their belief in themselves and to restore the internal sense of resilience. A way that we stay connected to this is all staff at Christopher Aaron Counseling Center provide direct care to our clients. Christopher Aaron Counseling Center is and will always be Clinician owned and Operated.

Our contact information is

Christopher Aaron Counseling Center LLC
67 Shaker Road, Suite 7
Gray Maine 04039

Phone: 207-657-7700
Fax: 207-657-7770
Email: CACC-1@hotmail.com



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Building Belief, Restoring Resilience

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Who we are

We are strengths based agency committed to the knowledge that everyone is the expert in their own lives. We see our charge as assisting individuals to find greater access to their own internal sense of resiliency and to build a stronger sense of belief in themselves. Our clinicians specialize in Anxiety and Depression issues, Agoraphobia, Domestic Violence/Intimate Partner Abuse, Eating Disorders, Gender and Sexual Identity Issues, Autism Spectrum Disorders, Post Traumatic Stress Disorder.

What we provide

We provide Cognitive Behavioral Therapy, (including Dialectical Behavioral Therapy, Play therapy and Solution Focused Therapy). We also offer EMDR and more traditional Psychotherapy dependent upon needs of the person served.

How we offer our services

We offer individual, group and family support in an Outpatient Setting to Adults and Children. We also offer in Home Support to Children and Families

Our mission vision and history are as follows:

Our Vision

It is our vision that a pluralistic world will exist where all abilities, races, creeds, faiths, sexual and gender orientations will be honored and empowered to be their most resilient.

Our Mission

To support individuals in finding their authentic selves and to assist them to face life traumas through individual, group and family work.

We Recognize

The importance of all aspects of a community is that:

- all individuals and families are important to society
- a family consists of two or more people who choose to share love and support to one another
- They may be related though commitment, marriage, birth, or adoption.
- There is currently an inherent power structure that limits some individuals and families and promotes others.
- That mental health issues can arise from all of life's domains for any individual.

Our History

Lawrence N (Lonnie) Leeman LCSW founded Christopher Aaron Counseling Center LLC in spring of 2005. Lonnie has worked the field of mental health for over twelve years and has founded or developed programs for various not for profit and for profit agencies throughout the state of Maine. The inspiration and driving force behind the work that Lonnie has done to date (and aspires to in the future) is his nephew Christopher Aaron.

We gladly accept most major insurances including Maine Care, TriCare and Anthem as well as Private Paying Clients.

